

Flyer available in alternative accessible formats. Contact 905-884-7933 ex. 23.

Presents:

Connected PARENTING

An Evening on Understanding Strategies to Connect with our Children
living with Learning Disabilities and Attention Deficit Hyperactivity Disorder

Workshop: Connected Parenting Strategies as it pertains to LD/ADHD
Presented By: Jennifer Kolari from Connected Parenting

A workshop on how to use the tools that therapists implement to help children develop the emotional and neurological hardware they need to deal with whatever life throws at them! As the author of Connected Parenting, Jennifer will discuss her CALM technique which helps to de-escalate behaviour while building trust and increasing emotional resilience in children.

About the Author



Jennifer Kolari, M.S.W., R.S.W., author and founder of Connected Parenting is a therapist who has been helping children, teens and families get connected for 20 years.

Teaching techniques used by therapists, Connected Parenting empowers parents to use mirroring and empathy to attune to their child's feelings. This helps to set limits, shift negative behaviours and avoid ugly power struggles. Parents learn to help their children and teenagers organize and control their emotions – so they become more confident and emotionally resilient.

Time:

Wednesday April 26th 2017
6:30pm — 8:00pm

Location:

York Catholic District
School Board Head Office
320 Bloomington Road West
Aurora, ON L4G 0M1

Cost:

\$10.⁰⁰ LDAYR members
\$15.⁰⁰ Non-LDAYR members

*Workshop fees are transferable
and non-refundable.*

How to Register:

Register by: April 21st

905-884-7933 x 23
info@ldayr.org
www.ldayr.org

Supported By:

